



# Ready to Rise Online Resource Box

Racial Justice Series Overall

[Series Overview: Learning Objectives and Topics](#)

## Tools for a Deeper Dive and other resources we share along the way

Convening 1: Building the Foundation	
Resources Shared As Pre-Work	Notes
<a href="#">1619 Project</a> The New York Times Magazine	5 episodes (across 6 podcasts). See especially: <a href="#">Episode 2-The Economy that Slavery Built</a> (36 mins)
<a href="#">History of Native California by Humboldt PBLC</a>	Video narrating the history of Native California (12 min)
<a href="#">Notice the Rage; Notice the Silence</a> Resmaa Menakem	Podcast offering practices to notice the rage and silence around white body supremacy and begin change at the cellular level. Therapist and trauma specialist Resmaa Menakem is working with old wisdom and very new science about our bodies and nervous systems, and all we condense into the word "race."
<a href="#">Mapping Our Roles in a Social Change Ecosystem</a>	By Deepa Iyer of the Building Movement Project. An activity and reflection guide on the many roles that we can play towards social change as healers, activists, organizers, conveners and more.

Resources from R2R Grantees	Notes
<a href="#">Metzli Projects: Suggested Learnings</a> <a href="#">Metzli Projects: Guides</a>	Suggested learnings and guides on indigeneity, curated by MetzliProjects, a fellow Ready to Rise grantee.
<a href="#">CCEJ Anti-Racist Resource Guide</a>	Comprehensive guide created by fellow Ready to Rise grantee with links to books, articles, organizations and other resources
Youth Specific Approaches	Notes
<a href="#">Understanding and Confronting Racial Injustice</a>	Comprehensive resource for youth development professionals, volunteers, parents and guardians to develop skills for racial justice work with youth.
<a href="#">Module 20: Talking About Racism with Youth</a>	Module example for working through issues of race and implicit bias with youth including prompts, videos and other activities.
Youth Friendly Resources	Notes
<a href="#">What is Systemic Racism?</a> Race Forward	" <i>What Is Systemic Racism?</i> is an 8-part video series that shows how racism shows up in our lives across institutions and society. Each short, accessible video is 1-minute long and cover: Wealth Gap, Employment, Housing Discrimination, Government Surveillance, Incarceration, Drug Arrests, Immigration Arrests, Infant Mortality.
More Helpful Resources	Notes
<a href="#">I Assumed It Was Racism—It Was Patriarchy</a>	Article by Akiba Solomon on the importance of recognizing, honoring and acknowledging the leadership of Black women in the Movement for Black Lives.
<a href="#">The Urgency of Intersectionality</a>	Ted Talk by Kimberlé Crenshaw (October 2016) about the impact of gender and race-based discrimination and violence on Black women. Warning: includes graphic video of police violence. (19 minutes)

<a href="#">Unpacking the Invisible Knapsack of Settler Privilege</a>	Article by <a href="#">Dina Gilio-Whitaker</a> defining settler colonialism and the privileges afforded to all settlers (with the exception of descendants of enslaved African peoples).
<a href="#">Diversity, Equity, and Inclusion Work: Eight Questions for Building Readiness and Steering Clear of Pitfalls</a>	Article by Lauren Mayeno about what organizations need to look at and ask themselves when beginning their own racial justice transformation.
<a href="#">What is Internalized Racism</a>	Article by Donna K. Bivens about how people of color must address how racism and white privilege impacts them both personally (internally) and systemically in order to effectively challenge any form of racism.
<a href="#">Scene on Radio: Season 2: Seeing White</a> From the <a href="#">Center for Documentary Studies</a> (CDS) at Duke University	14 part series on the history of racist ideas and racist institutions in the U.S. See especially: <a href="#">Season 2 Episode 4-On Crazy We Built a Nation</a> <a href="#">Season 2 Episode 6-That's Not Us, We're so Clean</a>

Convening 2: Understanding Systems	
Youth Justice Resources	Notes
<a href="#">Race, Anti-Racism &amp; Youth Development: From Awareness to Sustained Action</a>	Essay addresses how the concepts, frameworks, models, and theories central to the youth development field—especially in regard to Black youth—have led to the development of approaches that essentially focus on racial difference and ultimately too often lay responsibility on the oppressed. The essay further explains how this oppression becomes normalized and further allows whiteness to be unburdened.
<a href="#">Youth Justice Reimagined</a>	Report from LA County Youth Justice Workgroup (October 2020)

<a href="#">Resources to Advance Equity, Talk to Youth About Race and Address Racism</a>	Lesson plans and library of resources for youth programming to address racial equity.
<a href="#">Youth Justice and Youth Development in LA</a>	Landscape and context of youth justice and youth development in LA County for the past three years.
<a href="#">Irresistible Generation</a>	A series about transformational youth organizing
<a href="#">Here to Lead</a>	A storytelling initiative of the California Funders for Boys and Men of Color, that celebrates the leadership, power and voice of the boys and men of color in our community.
Crimmigration Resources	Notes
<a href="#">Abolishing the Toxic “Tough-on-Immigration” Paradigm by Felipe Hernandez</a>	Journal of Hispanic Policy Article explaining crimmigration and the toxic “Tough-on-Immigration” paradigm.
<a href="#">Podcast: Can’t Deport a Movement</a>	Podcast unpacks the history of criminalization of Black and Brown immigrant communities and discusses what immigration policies to expect from the Biden-Harris administration. They also talk about the clear intersection between the criminal and immigration systems, and the implications of Trump’s immigration policy changes for the Biden-Harris administration.
Alternatives to Policing	Notes
<a href="#">Harm-Free Zone Project Framework</a>	The creation of Harm Free Zones is the historical process of building community autonomy and self-determination in the struggle to abolish the prison industrial complex, and to transform our ways of treating each other, and is inseparable from the process of community building
<a href="#">Chain Reaction</a>	Resources and podcasts on the need to build community alternatives to policing
<a href="#">Care First, Jails Last: Health and Racial Justice Strategies for Safer Communities</a>	Report from Los Angeles County <i>Alternatives to Incarceration (ATI)</i> Work Group
<a href="#">Restorative Circles in Math Class</a>	Examples of restorative justice practices to connect with youth, build peer connections and

<a href="#">Talking Circles at Home and Parenting Restoratively</a>	move away from punitive systems when harm or conflict occurs.
<a href="#">What is the PIC? What is Abolition?</a>	Introductory definition of the Prison Industrial Complex and Abolition by Critical Resistance.
<a href="#">What is Abolition and Why do We Need It?</a>	An overview of abolition, reform and reimagining public safety.
<a href="#">If You're New to Abolition: A Study Group Guide</a>	A six week study guide designed to be informative and transformative, with many links and resources throughout.
<a href="#">Liberation, Abolition and Ending Youth Homelessness</a>	A virtual discussion on liberation, abolition and organizing for system change to better care for youth.

Convening 3: Looking Inward and Building Forward	
Resources for Reflection	Notes
<a href="#">White Supremacy Culture in Organizations</a>	Similar resource by Dismantling Racism Works but includes key questions for consideration.
<a href="#">Mending Racialized Trauma</a>	Free training course by Resmaa Menakem on applying cultural somatics to heal racialized trauma.
<a href="#">Values of Oppressive Systems and What to Do About It by AORTA Co-Op</a>	Values of oppressive systems (white supremacy/racism, patriarchy/sexism, ableism, and others) can go unnoticed when the story we have about our organization is that we "aren't oppressive" or "don't have those problems" because of our progressive/social justice mission.
Resources for Youth Practitioners	Notes
<a href="#">Embedding a Racial Equity Perspective in the Positive Youth Development Approach</a>	How programs that use a PYD approach can embed a racial equity perspective so they can more effectively engage with, support, and meet the needs of youth and young adults of color whom they serve.

<a href="#">A Conceptual Mapping of Healing Centered Youth Organizing: Building a Case for Healing Justice</a>	Includes stories and analysis on developing and implementing healing justice practices into social justice organization work with youth.
Supporting Indigenous Sovereignty	Notes
<a href="#">HESAPA: A LandBack Film</a>	The LANDBACK Campaign aims to connect, coordinate, resource and amplify the movement to get Indigenous Lands back into Indigenous hands. Specifically about the fight to reclaim the Black Hills (Mt. Rushmore), home to the Lakota and other nations. (5 minutes, video)
<a href="#">Native Resistance and the Carceral State</a>	A 28-minute podcast by Nick Estes that identifies the anti-Indian origins of the carceral state within the U.S. settler colonial project and offers a critical framework for understanding how to abolish it.
<a href="#">Abolition on Stolen Land</a>	A 2-hour panel presentation discussing abolition in the U.S. through foregrounding the ongoing uprisings for Black freedom and Indigenous sovereignty. (video)
<a href="#">An Indigenous Peoples' History of the United States</a>	Roxanne Dunbar-Ortiz offers a history of the United States told from the perspective of Indigenous peoples and reveals how Native Americans, for centuries, actively resisted expansion of the US empire. (book)
<a href="#">Land Reparations and Indigenous Solidarity Toolkit</a>	A brief guide compiled by RG Land Reparations Group to support education and resource sharing around land reparations. They seek to support taking collective action towards land repatriation to Indigenous people in the ongoing struggle against colonization. This is not a comprehensive guide, but rather a starting point.
<a href="#">Native Peoples and Lands in Los Angeles</a>	A map and list of locations of Tongva villages, superimposed over a map of today's Los Angeles.
Practice Resources	Notes
<a href="#">Facilitators Guide for Continuous Improvement Conversations with a Racial Equity Lens</a>	Guide on where to start when thinking about and agreeing on data, applying a racial equity lens and adopting a continuous improvement approach. Includes tools and resources that have been useful in communities who are at different

	stages of their Collective Impact and Racial Equity work.
<a href="#">ReRailing Race</a>	Tools for dealing with derailment in conversations
<a href="#">Activity for Incorporating Racial Justice Lens in How We Work as an Action Team</a>	Exercise designed to support conversations about existing racial dynamics impacting your work and how you can work together more equitably as a team.
<a href="#">Human Resources and Justice: Addressing Racism and Sexism in the Workplace</a>	Includes a simple list of HR management practices that center racial justice
Building Readiness	Notes
<a href="#">Diversity, Equity, and Inclusion Work: Eight Questions for Building Readiness and Steering Clear of Pitfalls</a>	If you are thinking of launching into diversity, equity, and inclusion work, this offers a useful checklist for assessing readiness, avoiding common pitfalls, and understanding the roles of consultants and people inside the organization.
<a href="#">Is Your Board Ready to Advance Equity?</a>	4 Signs that your board is ready for deeper equity work, and what to do if your board isn't.
<a href="#">Turning Towards Each Other: A Conflict Workbook</a>	A workbook on moving through conflict created by Jovida Ross and Weyam Ghadbian for groups of people working together with a shared purpose.
<a href="#">Building A Culture of Accountability</a>	An article discussing how to advance race equity within an organization through building a culture of accountability.
Getting Started	Notes
<a href="#">DrWorks: 6 Predictable Stages of Racial Equity Practice</a>	Organizations that make a commitment to racial equity move through a set of phases. Determining your organization's racial equity phase can be useful in planning strategic and explicit racial equity goals.
<a href="#">Racial Equity Tools Database</a>	Large and incredible database of racial equity curricula, case studies, evaluations and tools

<p>Social Transformation Project's <a href="#">Wheel of Change</a> Framework</p> <p><a href="#">Wheel of Change REMIXED with a race equity lens</a></p>	<p>Simple, strategic framework for thinking about organizational change in terms of shifting hearts and minds, structures and behaviors</p>
<p><a href="#">Take Action on Board Diversity: 5 Questions to Get You Started</a></p>	<p>Research on board diversity trends and key questions to gauge board diversity and race equity readiness.</p>
<p>Toolkits and Assessments</p>	<p>Notes</p>
<p><a href="#">Assessing Organizational Racism: Western States Center</a></p>	<p>A tool for predominately white organizations and multi-racial organizations.</p>
<p><a href="#">Equity in the Center: Awake to Woke to Work Toolkit</a></p>	<p>Resource that captures levers of change and stages that mark transformation in a race equity cycle. Incredible tool providing insights and best practices on shifting organizational culture and practices for equity.</p>
<p><a href="#">Embracing Equity</a></p>	<p>7 Steps to advance and embed race equity and inclusion within your organization</p>
<p><a href="#">Race Equity Readiness Assessment for Workforce Development</a></p>	<p>Designed as a guide for workforce development organizations and practitioners to evaluate their programs, operations, and culture in order to identify strength areas and growth opportunities.</p>
<p><a href="#">Race Matters Toolkit</a></p>	<p>This questionnaire uses a racial lens to size up staffing and operational dynamics. The assessment then offers additional tools and next steps.</p>