



READY
TO RISE

**CAPACITY BUILDING
COACHING TEAM
DIRECTORY**

ANGELA MEGYUNG CHUNG (SHE/THEY)



A.M. CHUNG is based out of the unceded Tongva territory also known as Los Angeles. They are a certified coach, consultant, and attorney who offers services as a leadership coach, social justice consultant, and facilitator. They design and facilitate processes for individuals, organizations, networks, and creative formations that generate internal

and external transformation, connection with spirit, and healing through Zen Buddhist practices and nature.

Chung describes her work as creating the personal, spiritual, and systemic pivots to interrupt violence and move through conflict in complex systems. Chung received her J.D. from UCLA School of Law – David J. Epstein Program in Public Interest Law and Policy, and a Master of Science in Leadership for Sustainability at the University of Vermont's Natural Resources Department studying complex systems within domination and oppression, personal transformation, and thriving ecosystems.

MEGYUNG@AMCHUNG.ORG
AM CHUNG CONSULTING, LLC

AREAS OF EXPERTISE

- Building coalitions across racial communities and multiple causes
- Conflict transformation including mediation and restorative and transformative practices
- Designing, revising, and teaching curricula related to social change
- Developing effective community organizing, public policy, and advocacy campaigns on ending policing and punishment systems
- Developing, drafting, and analyzing policy
- Implementing changes to increase access, inclusion, and equity
- Leadership coaching, leadership development and political education programs
- Strategic thinking, problem-solving, and program design

CHRISTINA SANCHEZ (SHE/HER)



Christina is the daughter of Mexican immigrants, was raised in South Central Los Angeles, and is the oldest of five siblings. She has worked with over thirty organizations to launch new initiatives, strengthen their programs, draft strategic plans, and/or lead professional development. She has close to twenty years of experience

as an educator, non-profit Director, community organizer, and policy analyst. She started her career as an Assistant Director of Admission for her alma mater, Yale University. While working on her Masters in Public Policy and Urban Planning at Harvard's Kennedy School of Government and School of Design, she supported citywide initiatives and worked alongside Mayor's Office staff in Boston, Chicago, and Los Angeles. As a consultant, she has supported organizational leaders to articulate their priorities and set short- and long-term goals. She has also designed customized professional development programs for educators, organizers, and front-line staff who work directly with youth and marginalized communities. Christina is also fluent in Spanish.

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AREAS OF EXPERTISE

- Collective Impact
- Evaluation
- Facilitation
- Management Onboarding
- Professional Development
- Program Design & Replication
- Project Management
- Retreat Design
- Stakeholder Engagement
- Strategic Planning
- Toolkit & Curriculum Development
- Training & Capacity Building

DANIELLE NAVA-MIJARES (SHE/HER)



Danielle started her consulting firm, Nava Consulting LLC, in 2017 after a 25-year career in the non-profit sector. Previously, she's served in program and executive management leadership at local, state, and national NPOs focused on social justice issues.

Danielle is an educational strategist, coaches and leads work as an anti-bias/anti-racist educator. She specializes in diversity, and inclusion, restorative practices, and culturally responsive education. She designs and facilitates professional development trainings for organizations, schools and universities and provides coaching for executive leadership to do the uncomfortable work of dismantling oppressive systems. She is committed to creating spaces that center relationships, people, and healing.

Danielle brings expertise in human relations, restorative mediation, organizational leadership, and non-verbal communication. She is certified both as a Conflict Mediator and Body Language Specialist.

DANIELLE@DANIELLENAVACONSULTING.COM

NAVA CONSULTING, LLC

AREAS OF EXPERTISE

- Community Engagement
- Organizational Culture and Structure
- Program Design, Development, Refinement
- Race Equity and Racial Justice
- Restorative Justice, Restorative Practices, Conflict Mediation
- Staff Development, Senior Leadership Development, Self Care

CYNTHIA AZALI-ROJAS (SHE/HER)



Cynthia Azali-Rojas is a certified professional coach, organizational development consultant and trained community organizer.

Cynthia has led a community organizing training program; taught ESL to working class immigrant peoples; coordinated

projects from South LA coalitions to a voter registration campaign for the Native American community in California; and worked with EJ alliances, workers centers and immigrant rights organizations as a facilitator and coach.

Cynthia was born and raised in Houston, TX in a poor Mexican household and is a graduate of Stanford University's Comparative Studies in Race and Ethnicity.

CYNTHIA@DESTINYCOACHINGANDCONSULTING.COM

DESTINY COACHING AND CONSULTING

AREAS OF EXPERTISE

- Community Engagement
- Strategic Planning and Goal-Setting
- Organizational Culture and Structure
- Race Equity and Racial Justice
- Staff Development
- Coaching and Coach Training



ERIC WAT (HE/HIS)

Eric Wat was the Director of Research and Evaluation at Special Service for Groups (SSG) between 2003 and 2016.

Having been in leadership positions in various nonprofits, he also has a lot of experience in grant writing, program

design, and organizational development in general, especially for organizations going through transitions.

He is also a writer and community historian. He's particularly interested in documenting progressive social movements.

AREAS OF EXPERTISE

- Data and Evaluation
- Fund Development
- Organizational Culture and Structure
- Organizational Storytelling
- Organizational Assessment
- Program Design, Development, Refinement

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STANDARD DEVIATION CONSULTING, LLC



FELICIA BROWN (SHE/HER)

Felicia Brown is a human resources HR consultant with extensive and progressively advancing leadership experience in dynamically changing competitive and customer-facing both for-profit and nonprofit industries. Felicia has helped organizations navigate effectively throughout complex changes and various stages of their lifecycles, including starting

up, growing aggressively, reducing staff, closing businesses, transforming work cultures, and preparing for future growth and development.

Felicia excels at helping organizations understand and expand the capabilities of their internal talent, strategically acquire the right talent for their needs, and build future-ready succession plans. As a coach, trainer, and mentor, she empowers professionals and executives to find their optimal career paths, succeed in their new roles, lead effectively through change, develop resilience and agility, and continually improve.

Felicia is a member of the National and Local Chapters of Society of Human Resources Management, the National Association of African Americans in Human Resources, and Professionals in Human Resources, PIHRA.

AREAS OF EXPERTISE

- Career Coaching & Training
- Change Management
- Compensation Strategies
- Compliance & Employment Law
- Employee Investigations & Mediation
- Employee & Labor Relations
- Employee Engagement & Retention
- Human Resources Consulting
- Inclusion, Diversity & Equity
- Learning & Development
- Organizational Design & Development
- Organizational Effectiveness
- Performance Management
- Strategic Talent Acquisition
- Succession Planning
- Talent Management Systems
- Transformational HR Business Models

FELICIA.BROWN@CSHCCONSULTING.COM

CORNERSTONE HUMAN CAPITAL CONSULTING, LLC



ISMAEL VENEGAS (HE/HIS)

Ismael Venegas ran and owned a small food manufacturing business in South L.A. Previously, he worked in the public affairs department of The California Wellness Foundation, where he supported grantmaking related to public policy which addresses health issues from a systemic perspective and supports efforts focused on improving policies

or conditions using activities such as education, advocacy, civic engagement and policy analysis. He has worked in various non-profit organizations where he developed and implemented asset building and financial literacy programming for low- and moderate-income populations.

Ismael received his B.A. in political science and international relations from USC and master's degree in public administration from CSU Northridge. He has also completed leadership and public policy advocacy coursework at the Harvard Kennedy School for Executive Education.

AREAS OF EXPERTISE

- Board Development
- Community Engagement
- Fund Development
- Organizational Culture and Structure
- Organizational Assessment
- Partnership Development
- Program Design, Development, Refinement
- Staff Development
- Strategic Planning and Goal-Setting

ISMAEL.VENEGAS@GMAIL.COM



KRIS HAMPTON (SHE/HER)

Krisaunda is a South Los Angeles native raised in the West Athens community.

She brings over 20 years of experience partnering with others in their journey of growth and learning to impact organizations, communities and families through her work

as a nonprofit manager and capacity builder. She operates from a foundation of trust and respect that elevates personal skills, strengths and knowledge. Kris is dedicated to providing training, technical assistance, facilitation and coaching support to those seeking to positively affect change in their organizations and communities.

AREAS OF EXPERTISE

- Board Development
- Community Engagement
- Data and Evaluation
- Fund Development
- Human Resources
- Infrastructure (incl. Technology)
- Organizational Culture and Structure
- Organizational Assessment
- Partnership Development
- Program Design, Development, Refinement
- Staff Development, Senior Leadership Development, Self-Care
- Strategic Planning and Goal-Setting

KRIS@KRHAMPTONCONSULTING.COM

KR HAMPTON CONSULTING



DR. LAUREN E. BROWN (SHE/HER)

Dr. Brown is a social justice practitioner, focusing on discrimination, inequities, and police reform. As the chief consultant for DGLB Consultants, LLC, Dr. Brown has expertise in social and public policy analysis, research and evaluation, strategic planning, program development, advocacy, capacity building and training, facilitation and DEI.

Dr. Brown serves as a Post Doctorate Research Scholar at the Safe Communities Institute at the University of Southern California (USC) where she contributes to the LEWIS Registry (Law Enforcement Work Inquiry System). Named after the late Rep. John Lewis, the national database will consist of officers fired or resigned in lieu of termination for misconduct. Dr. Brown has taught Masters and Doctorate level courses at the Suzanne Dworak-Peck School of Social Work, the Rossier School of Education and Sol Price School of Public Policy at USC.

Dr. Brown holds a certificate in DEI from Cornell University and a Doctorate in Social Policy from Brandeis University.

AREAS OF EXPERTISE

- Advocacy
- Capacity Building and Training
- DEI
- Facilitation
- Program Development
- Research and Evaluation
- Social and Public Policy Analysis
- Strategic Planning

DR.LAUREN_BROWN@SBCGLOBAL.NET

DGLB CONSULTANTS LLC



LIZETTE HERNANDEZ (SHE/HER)

Lizette Hernandez is excited to bring over 20 years of experience in community organizing, leadership development and policy analysis to the Ready to Rise Initiative. She recently created Quilombos Capacity Builders, her new consulting practice where she works with clients who see themselves as community-based change agents looking to

optimize their capacity in bringing about racial justice and sustainable, long-term systemic change. Some of the issue areas Lizette has contributed towards are: Black and immigrant workers' rights, educational justice to end the school-to-prison pipeline, community health particularly with birthing families, indigenous peoples' land rights, tenant rights and protections against gentrification, and environmental justice. Lizette holds a Master's Degree in City and Regional Planning from UC Berkeley and a Bachelor's in Civil & Environmental Engineering from UCLA. Lizette was once a performing arts dancer in Afro-Caribbean folkloric dance and now studies the art of capoeira with her teen son.

AREAS OF EXPERTISE

- Community Organizing 101, Community Engagement and Outreach
- Curriculum Design and Development
- Data Analysis & Issue-Based Research
- Executive Team Coaching and Support
- Facilitation
- Grant Writing, Funder Research and Funder Cultivation
- Organizational Staff and Membership Leadership Development
- Organizational Assessment
- Policy Analysis and Advocacy
- Popular Education
- Program Design, Development and Evaluation
- Racial Justice and Racial Equity
- Retreat Planning and Facilitation
- Strategic Campaign Development & Implementation
- Self Care and Team Dynamics
- Strategic Planning

LIZETTEHERNANDEZCONSULTING@GMAIL.COM

QUILOMBOS CAPACITY BUILDERS



LUPE POBLANO (HE/HIM)

Lupe Poblano, CPC, MSOD, is a certified professional coach. He is the former Co-Director at CompassPoint and utilizes coaching, training, and consulting to help emerging and experienced leaders achieve race, class, and gender equity in social justice movements. Lupe has worked in the nonprofit sector for almost 20 years, and his work as a coach is

deeply rooted in his experience as a young Chicana positional leader within larger mainstream organizations.

Lupe loves working with BIPOC positional leaders who are navigating race, gender, and positional dynamics within their organizations. Through intuition and challenging questions, Lupe helps leaders of color find their voice and power, and authentically live into their values. His leadership development work has included core faculty roles in Blue Shield of California Foundation's Network Weaver's Learning Lab, the Next Generation Leaders of Color Program, and the Greater New Orleans Foundation's Emerging Leaders Cohorts. By centering his analysis on race, class, gender, and privilege, Lupe has helped leaders find alignment between their personal, organizational, and community values.

LUPE@KLPIMPACT.COM

KLP IMPACT

AREAS OF EXPERTISE

- Board Development
- Coach and Coach Training
- Compensation Structures
- Organizational Culture and Structure
- Organizational Storytelling
- Program Design and Development
- Race Equity and Racial Justice
- Shared Executive Leadership Structures
- Staff and Senior Leadership Development

POVI-TAMU BRYANT (THEY/THEM)



Povi-Tamu is a black, queer, nonbinary person committed to working with people to bring an intersectional understanding to the ways we build and interact with each other.

That commitment roots Povi-Tamu in their approach to leadership development, facilitation, conflict mediation, strategic planning, and values alignment practices, working with an array of organizations.

From facilitating strategic planning processes to program design, Povi-Tamu has worked with a diverse set of needs and struggled with leaders to best address them. They bring a reverence for integrating healing justice into our movements, ingenuous curiosity and a problem solving mindset to their coaching.

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FREEDOM VERSES

AREAS OF EXPERTISE

- Community Engagement
- Healing Justice
- Human Resources
- Organizational Culture and Structure
- Program Design, Development, Refinement
- Race Equity and Racial Justice
- Restorative Justice and Restorative Practices
- Staff Development, Senior Leadership Development and Self Care
- Strategic Planning and Goal-Setting



ROB MCGOWAN (HE/HIS)

Rob McGowan was an organizer in the social and racial justice movement for over 14 years before he transitioned from being the Associate Director of Organizing at Community Asset Development Redefining Education (CADRE) to starting a coaching practice, Diving Within LLC, with his wife Emilee in 2017.

As a Transformational Life Coach, Rob provides support to people of color in the social/racial justice movement, while helping clients reach clarity about their vision, life's purpose, and goals to maximize clients' motivation and increase their effectiveness. Rob's gifts and talents of active listening, personal development, and facilitation will help you, your staff, and your organization organically increase your capacity, efficiency, and performance. Rob's clients include organizers, directors, program officers, managers, entrepreneurs, community groups, non-profits, and foundations.

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DIVING WITHIN, LLC

AREAS OF EXPERTISE

- Board Development
- Community Engagement
- Data and Evaluation
- Fund Development
- Human Resources
- Infrastructure (incl. Technology)
- Organizational Culture and Structure
- Organizational Assessment
- Partnership Development
- Program Design, Development, Refinement
- Staff Development, Senior Leadership Development, and Self Care
- Strategic Planning and Goal-Setting



STRELA CERVAS (SHE/HER)

Strela Cervas is a coach and consultant for social justice and environmental justice organizations with 20 years of leadership and organizing experience. She supports people of color, women, and organizers reconnect and align with their greater purpose towards transformation. Strela is the

former Co-Director of the California Environmental Justice Alliance and a former organizer of the Pilipino Workers' Center, where she organized Pilipinx communities around the issues of immigrant rights and workers' rights.

Strela is a graduate of the Coaching for Transformation certification program through Leadership that Works. Strela is also a Forest Therapy Guide in Practicum through the Association of Nature and Forest Therapy, to connect people to nature for health and wellness.

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STRELA CERVAS CONSULTING, INC

AREAS OF EXPERTISE

- Board Development
- Community Engagement
- Data and Evaluation
- Healing Justice
- Organizational Culture and Structure
- Organizational Assessment
- Policy and Advocacy
- Program Design, Development, Refinement
- Race Equity and Racial Justice
- Staff Development, Senior Leadership Development, Self-Care
- Strategic Planning and Goal-Setting

VICTORIA PERERA ROJAS (SHE/HER)



Victoria has dedicated her career to social justice and equity, first as a nonprofit direct service provider then as a social worker and evaluator. She sees relationship building as the heart of social change work and also understands the reality that people doing the

work must also navigate complex systems and engage in emotional labor all while keeping their organizations running.

In her work, she enjoys being intentional, asking questions, listening, and learning. She values being able to accompany organizations as they reflect on their practices and using thoughtful lines of inquiry to facilitate learning and strategy development.

AREAS OF EXPERTISE

- Data and Evaluation
- Strategic Planning and Goal-Setting
- Organizational Culture
- Organizational Assessment
- Program Design, Development, Refinement
- Race Equity and Racial Justice
- Staff Development and Self-Care

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VPR EVALUATION LLC

